

Helene Ziebarth - Vocal Arts

9th International Vocal Summer

Vocalarts Workshop

22.06. - 26.06.2011

in Kolbotn/Norway

Final Concert 26.06.2011

Kolbotn is only 10 minues by train from Oslo, a charming small town surrounded by peaceful nature, but with all the benefits of a city. Kolben, the new culture and concert house is located directly at a lovely lake, makes Kolbotn a perfect resort area for singing, cultural exchange and a vacation atmosphere.



Helene Ziebarth

Classical singer and voice teacher

Originator of Voice Soul Breathing Body Principle

**Classical singing and vocal teachings following the principle of a
Holistic approach: Voice – Soul – Breathing – Body Awareness**

Workshop Highlights:

Body/Breathing Technique according to Helene Ziebarth/Dr. Julius Parow

Vocal Technique in Relation to Body-Breathing Control

The Wisdom of Building up the Body's Energy Centers in Relation to the
Breathing/Singing Channel

Vocal and Movement Improvisations

Developing Your Repertoire

Tuition: 7500 NOK. **Registration deadline: 01. May 2011.**

Registrations can be made by using the attached form.

Please transfer your payment with your registration.

Registrations are only valid with payment.

Further information and application forms:

www.ziebarth-vocalarts.de, ziebarth-vocalarts@hotmail.com

Contact information: Office: Tuva W. Hongve, +47- 93492262

Frøyas vei 10, N-1412 Sofiemyr, Norway

Voice - Soul - Breathing - Body

Let me assist your journey....

Find your own natural-given voice
Recognize the power
Understand the connection between
voice, soul, breathing and body

Intensify your awareness of and relationship with your unique
vocal instrument: **the singing body.**

Recognize how intricately the natural properties of the
singing voice, the **larynx/pharynx**, **diaphragm/pelvis**, the **jaw/tongue**
and the healthy **spine** all interact.

Follow the natural rhythm of breathing when you sing.
Develop and liberate **your individual sound.**

COME LEARN HOW

This course features an introduction to the
breathing/body technique according to Helene Ziebarth,
based on the Functional **breathing technique of Dr. Julius Parow**,
through which the total body-breathing apparatus is trained by various
exercises, and by gentle adjustment in posture that are completely
natural to the human body.

LEARN TO BUILD YOUR POWER

One **special highlight** of this course is learning how to **build the power
of the energy centers** in the body and how to connect them.
Use this power to support the singing and breathing channels to
totally and fully open your singing body.
Go directly into the core of your singing! Let the body resonate
while you connect to the impulse and flow of breath.
Set free immense power and sounds, stemming from the soul!
Your original, inner energy **becomes audible.**

Workshop timetable:

22./23./24.06.

17.00 - 21.00 Workshop: breathing-moving-energy-singing

25./26.06.

11.00 – 13.00 Workshop: breathing-moving-energy-singing
Lunch Break

14.00-17.00 developing repertoire, free singing

www.ziebarth-vocalarts.de

Helene Ziebarth

is a professional, **classical singer** and a highly talented **voice teaching specialist** with a unique knowledge and wisdom.

Mrs. Ziebarth has established her own studio in Düsseldorf in 1981 and in Oslo/ Norway in 1999, named: Ziebarth-Vocalarts.

She also has been invited to teach in the U.S.A, Canada and Belgium.



She has been **teaching voice solo and master classes regularly at the Norwegian Opera in Oslo, Norway since 2002**. Her educations



are Classical Singer and Voice Teacher, Physiotherapist, Rhythmical Gymnastic Teacher, Teacher for Music, Alexander Technique and Breathing Teacher and Therapist for „Functional Breathing Method by Dr. Julius Parow”.

As a singer she has sung countless international concert performances of oratorios, song recitals and performances of contemporary music as well as performances of **free improvisations** for singing and piano/ ensemble, also **together with artists from dance and painting**, throughout Europe and North America.



She regularly organizes **culture exchanges** in

Germany and many other countries, offering courses, master classes, concerts and opera performances.